

- Grocery delivery that meets the majority of the recipient's total grocery needs for at least seven days
- Heavy household chores (e.g. securing loose rugs, washing floors, windows and walls)

Adult Companion Services – Services that help a recipient work toward a therapeutic or community integration goal in his/her support plan. Services could include:

- Attend a movie with the recipient to practice coping skills to manage his/her social anxiety
- Go with the recipient to a community event to reduce his/her social isolation
- Play a board game with the recipient to enhance his/her fine motor skills
- Provide verbal instructions or cues to the recipient to help him/her complete a task
- Assist or supervise the recipient with tasks such as laundry, light housekeeping, meal preparation and shopping

Midwest provides services in a large part of the State of Minnesota. We are currently serving clients in the following counties: Anoka, Benton, Carver, Dakota, Hennepin, Kandiyohi, Olmsted, Ramsey, Rice, Scott, Sherburne, Stearns, Todd, Washington.

MISSION STATEMENT

Midwest Home Health Care provides the highest degree of personal service in an economical, efficient, and professional manner. Our focus is to maximize the health, functionality and quality of life of the individuals we serve.

OFFICE LOCATIONS:

2445 Park Avenue South
 Minneapolis, MN 55404
 612-343-3265 office – 612-343-3267 fax

606 25th Avenue South, #103
 St. Cloud, MN 56301
 320-654-2552 office – 320-654-8044 fax

To submit information directly to Midwest Home Health Care, Inc., please feel free to use the following email address:
generalinfo@mhhcare.com

Intake and Service Coordinators are available at both office locations to serve you.

Vice-President:

Bashir H Mohamed
 bmohamed@mhhcare.com
 612-343-3265 x-1247

Director of Operations:

Rose Wagner
 rwagner@mhhcare.com
 612-343-3265 x-1261

WORDS TO LIVE BY...

“Life isn’t about the storm, but how we dance in the rain.” - Anonymous

“You may be disappointed if you fail, but you are doomed if you don’t try.” - Beverly Sills



MIDWEST

Home Health Care, Inc.

Personal Care
 Provider
 Organization
 and
 Waiver Services
 Home Care
 Provider

Established in 2002

www.mhhcare.com

MIDWEST HOME HEALTH CARE IS A TRUSTED LEADER IN THE COMMUNITIES WE SERVE....

Midwest provides services to a diverse population in a culturally sensitive manner. Our agency employs staff fluent in English, Somali, Oromo, Swahili, Italian, Arabic, Hmong and Spanish. Interpreter services are also available for all other languages.

THE MIDWEST PHILOSOPHY...

- Home Health care is designed to meet the unique needs of clients and their families.
- We provide flexibility, creative problem solving and open communication.
- Our services are tailored to assist clients and their families to achieve an optimal level of function and independence.
- The care we give is based on respect for the dignity and worth of each client.
- Honesty, integrity, and fairness are the way we operate our business.
- Services will be provided in the least restrictive setting.
- We value professionalism, competency and teamwork amongst our staff.
- Clients and their families are empowered in the care planning process.

MIDWEST HOME HEALTH CARE

Established in 2002, MHHC is a Personal Care Provider Organization (PCPO) offering Personal Care Assistance (PCA) and Waiver Services through the Minnesota Medical Assistance Program. Midwest accepts traditional PCA recipients and provides services to recipients in many counties in the State of Minnesota.

Personal Care Assistance - Each recipient is assessed by an appointed professional by the County in which they live, or by their insurance

carrier to determine if they qualify for this service. Upon qualifying the assessment is formulated to determine the number of hours received per day. PCA services include assistance with (but are not limited to): Eating, Meal Preparation, Bathing, Grooming, Dressing, Transferring, Mobility (via driving, walking, wheelchair), Positioning, Toileting, Accompany to appointments, Light Housekeeping, Laundry, Some Health-Related Functions, Medicine Reminders

Waiver Services – Each home care waiver service must be approved through the appropriate care coordinator or case manager. The services offered include:

ILS Training - Services that develop, maintain and improve the community-living skills of a recipient. Areas of training:

- Communication skills
- Community living and mobility
- Interpersonal skills
- Reduction/elimination of maladaptive behavior
- Self-care
- Sensory/motor development involved in acquiring functional skills.

Night Supervision – Overnight assistance and monitoring provided by an awake staff in the recipient's own home. Areas of service:

- Carrying out a recipient's positive support programming and transition plans
- Reinforcing independent living skills training and other skill development supports
- Assisting with instrumental activities of daily living (IADLs)

Personal Support – Provides support in the recipient's home or community. Areas of support:

- Achieve his/her full potential
- Increase his/her independence
- Meet community inclusion goals that are important to and important for the recipient and based on an assessed need

In-home Respite Care is a service that allows a primary caregiver time away or a break from the responsibilities as a caregiver.

Homemaker Services

- Homemaker/Cleaning includes light housekeeping duties and laundry.
- Homemaker with ADL's includes bathing, grooming, eating, ambulating and worker is allowed to do home cleaning and laundry (modifier TG)
- Homemaker/Home Management includes laundry, meal preparation, shopping for food, clothing, and supplies, simple household repairs, arranging for transportation and worker is allowed to do home cleaning (modifier TF)

Chore Services – Assistance provided to a person, or his primary caregiver, to help maintain a clean, sanitary and safe environment. Services include:

- Dumpster rental or refuse disposal
- A limited amount of extermination and pest control treatments to alleviate pest problem
- General indoor and outdoor home maintenance (e.g. lawn care, snow removal)